## The Michael Messages

## Reality

Loved One, you are gifted with an immeasurable capacity to process information. Now it the time to break away from limitations imposed on you by societal rules and regulations. You have allowed apathy to become part of your everyday life, perceiving yourself as incapable of existing beyond your own reality. You are equipped with all the hardware and ingredients to see and internalize so much more!

Imagine yourself as being the center square in a vast grid. Your focus is only able to see those squares that are immediately surrounding you. Now step up and away from the center grid. A whole tapestry of squares is becoming a part of your vision! This is what happens when you begin to step beyond your idea of a separate and limited reality.

Begin to bring your focus back to a single square of the tapestry. Can you see how beautiful and perfect this single square is? So it is with you! When you start to see the other squares around it, do you also see how beautiful they are, too, or do you compare them and judge this or that one as better in some way than another one? Now look again at the whole tapestry. If one small single square of a tapestry is left undone, the picture is incomplete – flawed. So it is with you. Never allow ego to convince you that your own reality – or anyone else's – is insignificant. You are all a vital and intricate part of the whole picture!

Stop what you are doing/thinking right now and look around you. Are there other people near you? What are they doing/thinking in this moment? Expand your own consciousness and you will see there is no limit to what you can process. You are not in a vacuum, but are connected in every way to each other and the living Earth on which you stand.

You have placed so many insulating barriers between yourself and the Earth. Clothing, shoes, automobiles, walls, floors, and sidewalks are just a few examples of things keeping your feet from ever touching the Earth, which nurtures you. Belief systems and languages have locked you into believing a shallow concept of reality. You are inundated with programming and brainwashing through the media, allowing your heart to be anesthetized. TV — television — has its merit for entertainment and media information. However, your own IV — intuivision — gets very little attention and is vastly more sophisticated! The information received through your IV is infinitely more life-supportive and accurate than anything you learn from your TV. Your own IV can even act as a filter for processing information from the media. You sometimes call this "reading between the lines" or instinctively knowing when information is incomplete or incorrect. This example is only a minute part of how your innate intuition or intuivision can enlarge your reality.

Begin to listen with your heart, see with your third eye, and feel with your intuition and Behold! You have stepped out of your own perception of a limited reality and into uncharted territory. Old paradigms are shattered when you reach beyond your idea of a limited reality and into the larger area of light and love. Listen with your heart as well as your ears and an automatic shift will take you out of the micro-world and into the macro-world. Cultural rules formerly accepted by your ego will make room for Holy Spirit to step into your life. You will not be able to stop yourself from gently touching the hand of someone who needs a gentle touch because your reality is automatically connected with theirs. Feeling life through someone's heart will make caring and loving more important than protecting the ego or inhibitions taught by society. You will begin to understand your spirit is Alive, Alight, and All Love as it always has been — and always will be.